



Resources on topics related to Women's Leadership

As discussed at October 7 & November 4, 2014 Sessions

Resources from October, Session 1: The Confidence Gap

- Kay, Katty, and Claire Shipman. "The Confidence Gap." *The Atlantic Monthly* April 24, 2014.
<http://www.theatlantic.com/features/archive/2014/04/the-confidence-gap/359815/>
- Warrell, Margie. "Afraid Of Being 'Found Out?' Overcome Impostor Syndrome." *Forbes* April 3, 2014.
<http://www.forbes.com/sites/margiewarrell/2014/04/03/impostor-syndrome/>
- Amy Cuddy's TED Talk on Power Poses (June 2012). Retrieved from:
http://www.ted.com/talks/amy_cuddy_your_body_language_shapes_who_you_are?language=en
- Mohr, Tara, "Learning to Love Criticism." *The New York Times*, (9.27.14)
<http://www.nytimes.com/2014/09/28/opinion/sunday/learning-to-love-criticism.html?action=click&contentCollection=The+Upshot&module=MostEmailed&version=Full®ion=Marginalia&src=me&pgtype=article&assetType=opinion&r=0>
- Atlantic Monthly article on children & risk-taking
<http://www.theatlantic.com/features/archive/2014/03/hey-parents-leave-those-kids-alone/358631/>
- Story on National Public Radio regarding the power of self-talk:
<http://www.npr.org/blogs/health/2014/10/07/353292408/why-saying-is-believing-the-science-of-self-talk>
- Cain, Susan, Quiet: The Power of Introverts in A World That Can't Stop Talking, 2012.
- Dweck, Carol, Mindset: The New Psychology of Success, 2006.
- Kay, Katty & Shipman, Claire, The Confidence Code. New York: Harper Collins, 2014.
- Sandberg, Sheryl, Lean In. New York; Alfred A Knopf, 2013.

Resources from November Session 2: Daring Greatly

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(Continued on Reverse)

Brené Brown:

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http://www.ted.com/talks/brene_brown_listening_to_shame?language=en
- Brown, Brené (October 2010). TED: Power of Vulnerability [video]. Retrieved from
http://www.ted.com/talks/brene_brown_on_vulnerability?language=en
- Brown, Brené, “Vulnerability and Inspired Leadership,” *Impatient Optimist* blog of the Bill & Melinda Gates Foundation: November 19, 2012. Retrieved from:
<http://www.impatientoptimists.org/Posts/2012/11/Leadership-Series-Vulnerability-and-Inspired-Leadership>
- Cunningham, Lillian & Brown, Brené, “Exhaustion is not a Status Symbol,” *The Washington Post*, 2 Oct. 2012.
http://www.washingtonpost.com/national/exhaustion-is-not-a-status-symbol/2012/10/02/19d27aa8-0cba-11e2-bb5e-492c0d30bff6_story.html
- Brown, Brené, I Thought It was Just Me (but it isn't). Gotham, 2007.
- Brown, Brené, The Gifts of Imperfection. Hazelden, 2010.
- Brown, Brené, Daring Greatly. Penguin Portfolio, 2013.
- Oprah’s Lifeclass: Brené Brown, The Gifts of Imperfection e-course (\$69.99)
<http://www.oprah.com/app/brene-brown-on-demand.html>